

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

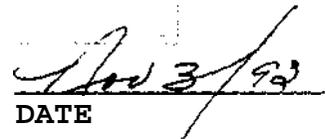
COURSE TITLE: NURSING THEORY II  
CODE NO: RNA 203-6 SEMESTER: TWO  
PROGRAMME: NURSING ASSISTANT  
AUTHOR: DEBBIE SARGENT  
DATE: JANUARY, 1994 PREVIOUS OUTLINE DATED: JAN/93

APPROVED:

DEAN



DATE



NURSING THEORY II

RNA 203-6

Course **Name**

**Course Code**

TOTAL CREDIT HOURS: 99 (90 + 6 of SL Maternity + 3 SL on Pain)

PREREQUISITE(S): RNA 103, RNA 104, BIO 104

I. PHILOSOPHY/GOALS;

This course is designed to build on the student's knowledge of the nursing process and its application. Common health problems encountered across the lifespan will be discussed related to long-term and short-term care settings. The role of the Nursing Assistant will be considered from two aspects: those tasks delegated by the Registered Nurse, and those nursing interventions which she performs independently.

II. STUDENT PERFORMANCE OBJECTIVES:

Upon successful completion of **this course the student will:**

1. Define key terms necessary to the RNA role
2. identify common biopsychosocial problems in each of Roy's 4 modes.
3. apply the nursing process to clients with alterations in adaptation.
4. have knowledge of the stimuli which may hinder the individual's ability to maintain a level of wellness.
5. identify nursing interventions which alter common ineffective responses.
6. have knowledge of the diagnostic tests & drugs associated with common health problems.
7. have knowledge of basic preventative and rehabilitative measures which can be taught to patient and family for the maintenance and/or improvement of wellness.
8. recognize the community agencies and services which are available to the individual, family and community.
9. have knowledge of the principles of aseptic technique.

rri. **TOPICS TO BE COVERED:**

<b>UNIT</b>	<b>TITLE</b>	
XII <sup>ie</sup>	Adaptation in the Post-Partum Period	} <b>see Maternity</b>
XIII <sup>Id</sup>	Adaptation of the Neonate	} <b>Workbook Part 2</b>
XH <sup>Ie</sup>	Alteration in Reproduction and Sexuality	
la	Introduction to the Person Adapting to Illness	
lb	Persons Adapting to Neoplasms	
Ic	Self Study Unit on Pain	
II	Alteration in Activity & Rest	
III	Alterations in Endocrine Function	
IV	Alterations in Carbohydrate Metabolism	
Va	Alteration in Elimination: Skin	
Vb	Alteration in Elimination: Bowel	
Vc	Alteration in Elimination: Bladder	
VI	Alteration in Fluid and Electrolyte Balance	
VII	Disturbances in Self Concept	
VIII	Alteration in Oxygen and Circulation	
IX	Impairment of Role Function	
X	Alteration in Senses	
XI	Alteration in Interdependence and Communication	

WEEK	START DATE	MONDAY 3 hours				TUESDAY 2 hours	WEDNESDAY 1 hour	
1	JAN. 10-12	Intro, to Sem. 2	la	la	lb	lb	lb	
2	JAN. 17-19	la	Ic	II	XH I e	XH I e	XH I e	
3	JAN. 24-26	II	II	II	XH I e		TEST #1	
4	JAN. 31-FEB. 2	II	II	II	IV	IV	IV	
5	FEB. 7-9	II	VI	VI	IV	IV	IV	
6	FEB. 14-16	SOCIAL CONTRACT DAY			IV	IV	III	
7	FEB. 21-23	VI	VI	VIII	III	III	III	
8	FEB. 28-MAR. 2	VIII	VIII	VIII	Va	Va	TEST #2	
9	MAR. 7-9	VIII	VIII	VIII	Va	<b>Va</b>	Va	
	MAR. 14-16	B R E A K H E E K						
10	MAR. 21-23	VIII	VIII	VIII	Va	<b>Va</b>	Vb	
11	MAR. 28-30	VIII	VIII	VIII	Vb	Vb	Vb	
12	APR. 4-6	X	X	VII	Vb	Vb	Vb	
13	APR. 11-13	VII	VII	VII	Vc	Vc	TEST #3	
14	APR. 18-20	IX	IX	IX	Vc	Vc	Vc	
15	APR. 25-27	XI	XI	XI	Vc	Vc	Vc	
16	MAY 2-4	Comprehensive Exam			Conso Lidation begins>>			



**V. EVALUATION METHODS CONTINUED: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)**

Conduct Expectations: Students must be on time for all classes and prepared for classes. See Student Handbook re: Student Responsibilities. Student Rights and Responsibilities are addressed in the Student Handbook 1991-92.

Absence from Tests: If a student is absent for a test on the scheduled test day, the student may be required to do an alternate form of testing (essay, short answer, oral or a combination of these).

Supplemental Exam: A supplemental exam will be offered to a student who has passed at least one term test plus the comprehensive exam but has not achieved 60% overall. This exam may not be multiple choice. The supplemental exam may be attempted once only.

Evaluation of Delivery of this Course: will be week 16

**VI. REQUIRED STUDENT RESOURCES:**

Anderson, K. and Anderson, L. Mosby's Pocket Dictionary of Medicine, Nursing and Applied Health, C.V. Mosby Company, St. Louis, Mo., 1990

Christensen, B.L. and Kockrow, E.O. Foundations of Nursing, C.V. Mosby Year Book, St. Louis, Mo., 1991

Kozier, B., Erb, G. and Oliyieri, R. Fundamentals of Nursing - Concepts, Process, and Practice, 4th edition, Addison-Wesley Publishing Company, Menlo Park, California, 1991

Marieb, E.N., Essentials of Human Anatomy & Physiology, (3rd Ed) Benjamin/Cummings Publishing Co. Ltd. Redwood City Ca (Don Mills, Ontario), 1991.

Marieb, E.N., The A&P Coloring Workbook: A Complete Study Guide. (3rd Ed) Benjamin/Cummings Publishing Co. Ltd. Redwood City Ca (Don Mills, Ont.), 1991.

Sargent, Debbie, Nursing Assistant Programme Maternity Workbook Part 1.

Sargent, Debbie, Nursing Assistant Programme Maternity Workbook Part 2.

Sparks, B.M. - Taylor, C.H. Nursing Diagnosis Reference Manual (2nd ed.), Springhouse Publishing Co., Philadelphia, 1993

Lab Package and content from Labs

OPTIONAL TEXTS;

Andrews, H.A. and Roy, Sister Callista. The Roy Adaptation Model: The Definitive Statement, Appleton & Lange Publishing Company, Norwalk, Connecticut, 1991

Health & Welfare Canada. Staff Reference Manual - Post-Partum Parent Support Programme

Matassarini-Jacobs, E. Review of Practical Nursing for NCLEX-LPN, W. B. Saunders Company, Philadelphia, 1988

Smith, G. and Davis, P. Medical Terminology; A Programmed Text, 6th edition, John Wiley & Sons, Toronto, 1991

Yannes-Ayles, M. Mosby's Comprehensive Review of Practical Nursing, 10th edition, C.V. Mosby Company, St. Louis, Mo., 1990

VJT. **ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION;**

Baby's Best Chance, B.C. Government

Bobak, I. and Jensen, M., ESSENTIALS OF MATERNITY NURSING, 2nd edition, C.V. Mosby Company, Toronto, 1987.

Clark, J., Queener, S\ and Karb, V., PHARMACOLOGY BASIS OF NURSING PRACTICE, C.V. Mosby Co., Toronto, 1990.

Hamilton, P.M. Basic Maternity Nursing, 6th edition, C.V. Mosby Company, St. Louis, Mo., 1989

Hamilton, P.M. Basic Pediatric Nursing, 5th edition, C.V. Mosby Company, St~ Louis, Mo., 1987

Long, B. and Phipps, W. Medical-Surgical Nursing; A Nursing Process Approach, 2nd edition, C.V. Mosby Publishing Company, St. Louis, Mo., 1989

Whaley, L.F. and Wong, D.L., ESSENTIALS OF PEDIATRIC NURSING, 3rd edition, C.V. .Mosby Co., Toronto, 1989

vill. **SPECIAL NOTES:**

ALL COPIES OF TESTS AND EXAMS ARE COLLEGE PROPERTY. STUDENTS ARE NOT ALLOWED TO REMOVE COPIES FROM THE COLLEGE.

Students with special needs (eg: physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

The course outline is subject to change at the discretion of the teacher(s).